

Jason Jody

Grew up in Tucson, AZ, where he played four years of club volleyball as a setter for Club Cactus Juniors. He was a four-year varsity letter winner and starter for Sabino High School as a setter/opposite.

Throughout his high school career, he garnered a number of accolades and awards, culminating with the 2007 player of the year award for the 4A Sonoran Region.

After high school, Jason was recruited to play at Johnson & Wales University-Denver, where he was a setter for three seasons and a libero for one season. A shoulder injury saw his playing career come to an early and abrupt end but led him into coaching. He began his coaching career as an assistant coach with Performance Volleyball Club in Denver prior to graduation. In the summer of 2011, Jason landed the Graduate Assistant volleyball coach position at Sam Houston State University, a D1 program of the Southland Conference. In his two seasons at SHSU, Jason helped the Bearkats to a Conference Championship.

Upon completion of his graduate degree, Jason returned to Colorado Springs where he worked for USA Volleyball. He coached for three seasons with Colorado Juniors Volleyball Club and assisted Cheyenne Mountain High School for two seasons. Jason was an assistant coach on the 2015 CMHS State Championship team.

Jason has a passion for coaching and developing athletes in their athletic ability, competitive mindset, and positive impact on society. After taking a few years off from coaching to begin a family, Jason is back in the gym and ready to get after it.